

PL VLB & B 26: Session: 3: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: 08:20 untill 09:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Punder Wout

Coaches: Sevenants Marc

Coaches: De Decker Tania HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M MEDLEY MEN 11+					Heat:4, starttime: 09:36
Heat: 4/8 Lane : 6 Athlete: VAN GORP LUCAS					Q-time: 01:16:91
PB (25m pool): 01:16.91 Hannuit 28/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:16.91	
	no time				
					

Coach feedback:

Event number: 19: 100M MEDLEY MEN 11+					Heat:5, starttime: 09:38
Heat: 5/8 Lane : 3 Athlete: CHABOTTIER LARGO					Q-time: 01:11:36
PB (25m pool): 01:11.36 Hannuit 28/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:11.36	
	no time				
					

Coach feedback:

Event number: 20: 200M FREESTYLE WOMEN 13+							Heat:4, starttime: 09:54
Heat: 4/6 Lane : 5 Athlete: DESMET STERRE							Q-time: 02:18:76
PB (25m pool): 02:18.76 Temse 17/11/2025							PB (50m pool): 02:20.39 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		00:31.92		01:06.33		01:42.60	02:18.76
	00:31.92		00:34.41		00:36.27		00:36.16
							

Coach feedback:

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Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:2, starttime: 11:02	
Heat: 2/4 Lane : 6 Athlete: VAN BOXSTAELE NORA							Q-time: 03:01:23	
PB (25m pool): 03:01.23 LEUVEN 23/11/2025				PB (50m pool): 03:10.76SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.30		01:27.87		02:14.48		03:01.23
	00:41.30		00:46.57		00:46.61		00:46.75	
								

Coach feedback:

Event number: 24: 200M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 11:06	
Heat: 3/4 Lane : 5 Athlete: AMADOU CAMILLE							Q-time: 02:51:40	
PB (25m pool): 02:51.40 Tervuren 30/05/2026				PB (50m pool): 02:55.34SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.18		01:22.19		02:06.36		02:51.40
	00:39.18		00:43.01		00:44.17		00:45.04	
								

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+										Heat:4, starttime: 11:49	
Heat: 4/9 Lane : 3 Athlete: VAN BOXSTAELE NORA										Q-time: 00:30:28	
PB (25m pool): 00:30.28 Hannuit 28/03/2026										PB (50m pool): 00:30.52SB: 00:31.61 Zwembad De Wauwer 13/09/2026	
	2 5 M		5 0 M								
PB			00:30.28								
			00:30.28								
											

Coach feedback:

Event number: 26: 50M FREESTYLE WOMEN 13+										Heat:6, starttime: 11:51	
Heat: 6/9 Lane : 2 Athlete: DESMET STERRE										Q-time: 00:29:32	
PB (25m pool): 00:29.32 Hannuit 29/11/2025										PB (50m pool): 00:30.18SB: 00:30.57 Zwembad De Wauwer 13/09/2026	
	2 5 M		5 0 M								
PB			00:29.32								
			00:29.32								
											

Coach feedback:

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Event number: 26: 50M FREESTYLE WOMEN 13+			Heat:7, starttime: 11:52
Heat: 7/9 Lane : 3 Athlete: LAENEN FEBE			Q-time: 00:28:55
PB (25m pool): 00:28.55 Vilvoorde 18/05/2025			PB (50m pool): 00:29.14 SB: 00:30.32 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:28.55	
		00:28.55	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:55
Heat: 1/6 Lane : 3 Athlete: CHABOTTIER LARGO			Q-time: 00:36:46
PB (25m pool): 00:36.46 Hannuit 28/03/2026			PB (50m pool): 00:37.81 SB: 00:37.70 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:36.46	
		00:36.46	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:1, starttime: 11:55
Heat: 1/6 Lane : 6 Athlete: VAN GORP LUCAS			Q-time: 00:37:47
PB (25m pool): 00:37.47 Zwembad De Wauwer 13/09/2026			PB (50m pool): 00:39.82 SB: 00:37.47 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:37.47	
		00:37.47	
			

Coach feedback:

Event number: 27: 50M BREASTSTROKE MEN 13+			Heat:4, starttime: 11:59
Heat: 4/6 Lane : 2 Athlete: CAMBRON WARD			Q-time: 00:32:98
PB (25m pool): 00:32.98 Hannuit 28/03/2026			PB (50m pool): 00:33.87 SB: 00:34.34 Zwembad De Wauwer 13/09/2026
	2 5 M	5 0 M	
PB		00:32.98	
		00:32.98	
			

Coach feedback: